





Quarantine Tracker

COUNTING THE DAYS—**IF NOT VAXXED OR BOOSTED**

	Date of Exposure	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Get Tested & Leave Quarantine	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	

For those **NOT** boosted or vaccinated: quarantine is for 5 days with strict mask use for an additional 5 days (get tested on day 5 of quarantine to confirm no COVID).

If symptoms occur, quarantine and take a test to confirm if COVID.

*This chart is meant for reference purposes only. Our contact tracing team may recommend a different quarantine period based on individual circumstances.